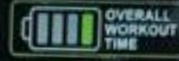


It's time to get your community active...

tgo
00:43



STRENGTH HIIT
15 mins

TGO GYM EQUIPMENT

ALTERNATIVE EXERCISE

Send in the 'SAS' -
Smart activator screens

tgo the
great outdoor
gym company

The Great Outdoor Gym Company (TGO)
is introducing another **world first**
in its sector –

Smart activator screens

[Watch the promo video here](#)

These **free classes** delivered at TGO gyms on smart screens are community friendly and compliment the gym and park space. The solution offers communities the ability to access a wide range of classes, multiple times a day. The wider access brings the group size down making the solution **safer for everyone**. Every class has options off the gym so that all TGO gyms work with the smart screen.



www.tgoactivate.com

Top-line benefits to the community

- At least 20 classes per day, with two different day formats to choose from
- 7300 classes a year
- Hassle free way of delivering community-wide activation safely
- Catering for up to 70,000 unique visitors per year
- Catering for around 200 people a day
- Brings the gym to life
- Helps people understand what to do when at the gym
- 12 hours of free content per day
- A great tool to promote the use of the gym
- Adaptable to all sizes of TGO gyms

TGO Virtual Activator

What's on this screen today...

TIME	CLASS	ACTIVATOR	LENGTH
7 AM	SOFTIE STRENGTHEN AND STRETCH YOGA	NICKY WELLS	20M 50S
7.30AM	ALL-INCLUSIVE HIT	MARVEN AMBROSIO	57M 05S
8 AM	WAKE UP AND SHAKE UP	KEA LINDLEY	16M 50S
8.30AM	SOFTIE STRENGTHEN AND STRETCH YOGA	NICKY WELLS	20M 50S
9 AM	HEALTHY MINDS BUSINESS EXERCISE CLASS	LIZIE	50M 50S
10 AM	CARDIO 30 MINUTES	MARVEN AMBROSIO	30M 30S
11 AM	HEALTHY MINDS BETTER BALANCE CLASS	SARAH	50M 15S
12.30 PM	STRENGTH HIT	MARVEN AMBROSIO	17M 05S
1 PM	WAKE UP AND SHAKE UP	KEA LINDLEY	16M 50S
1.30PM	STRENGTH HIT	MARVEN AMBROSIO	17M 05S
2 PM	EXTENSIVE STRENGTHEN AND STRETCH YOGA	NICKY WELLS	20M 50S
3 PM	HEALTHY MINDS LLC STRENGTH AND MOBILITY CLASS	LIZIE	50M 50S
4 PM	ALL-INCLUSIVE HIT	MARVEN AMBROSIO	17M 05S
5 PM	STRENGTH HIT	MARVEN AMBROSIO	17M 05S
5.30PM	EXTENSIVE STRENGTHEN AND STRETCH YOGA	NICKY WELLS	20M 50S
6 PM	HEALTHY MINDS BUSINESS EXERCISE CLASS	LIZIE	50M 50S
7 PM	STRENGTH HIT	MARVEN AMBROSIO	17M 05S
7.30PM	CARDIO 30 MINUTES	MARVEN AMBROSIO	30M 30S
8.30PM	SOFTIE STRENGTHEN AND STRETCH YOGA	NICKY WELLS	20M 50S

[f TGO Gym](#)
[i TGO Gym](#)
[v CreateLindleyGym](#)
[@TGO_DumbbellGym](#)

ACTIVATE

Activate your wonderdrug!

I want to beat diabetes.

SECTION 4.0

Activate your wonderdrug! Take your diabetes to the next level with the TGO Virtual Activator. Join the TGO Family today for FREE!

Download TGO Activator NOW!

Find your gym. Log, track, and share YOUR WORKOUT

[f TGO Gym](#)
[i TGO Gym](#)
[v CreateLindleyGym](#)
[@TGO_DumbbellGym](#)

TGO gym classes activating your park

- Multiple classes allowing for smaller socially distanced groups rather than one big group per day
- Workouts include HIIT, yoga, Physio and family workouts
- Every class comes with a warm up and a cool down and a PARQ
- Delivers key messaging about the benefits of physical activity
- Delivers key messages about climate action
- Frequency of classes provides more people access to more people
- Friendly, inclusive and easy format
- Multi-screen layouts to provide circuits in case one station is busy
- Great for a wide range of users
- Optional sound available
- 10 trees are planted for each one of installed





Specification and Features

- Multi award winning high quality screen and smart city kiosk.
- Portrait screen for maximum visibility of trainer
- Seamless updates of digital content via 4G
- Wind tested up to 140 mph
- Tested to IP56 standards to provide protection from water and dust,
- Sleek and stylish, yet rugged enough to be installed in any application
- Protects electronic components with filters and cooling fans
- Displays Operating Temperature Range: -22°F to 122°F (-30°C to 50°C)
- Supported internationally
- All weather rated
- Professional screen
- High brightness
- Rs232 capability to switch off at night
- Circa 500 w consumption day and 0.5watts at night.
- Smart screen, Includes 55" Xtreme™ High Bright Outdoor Display



Maintenance and warranty

- 2 year warranty on screen
- 5 year enclosure warranty
- Full maintenance and service package

For more information or any questions please contact enquiries@tgoqc.com

tgo the great outdoor gym company